

Garbhadharini

Objective: In the mother's breath lies the future of a nation, Creating a divine child right from the womb,

We have created unique Garbhadharini training programs for pregnant mothers, drawing from the superior yogis, rishis, and gurus of Bharat's traditional culture, who have researched, understood, and guided exceptional, rare, wonderful, scarce, and excellent training methods that are not available anywhere else in the world.

Our objective is profound; the trainings are very simple.

Why Garbhadharini? A child formed in the breath of a mother who has received Garbhadharini training creates the best future for a nation,

Pregnancy is not just a physical journey; it is a sacred journey encompassing spiritual, emotional, and scientific aspects. In this journey,

Garbhadharini trainings serve as a steadfast support to nurture the vital energy of motherhood and enhance the health of the child in the womb.

Areas of Focus

Scientifically based, spiritually enriched trainings. Training methods for physical and mental well-being

- Completing pregnancy health, preparation for delivery, and maternal well-being.
- Strengthening the bond among mother, father, and child.

"A safe pregnancy = A bright future!" Daily direct and online training for you,